

PARENT RESOURCES FOR SPECIAL NEEDS CHILDREN

ORGANIZATION	ADDRESS	PHONE	DESCRIPTION OF SERVICES
Autism Parent Support Group - Central County	Sierra Vista Regional Medical Center Auditorium 1010 Murray St. San Luis Obispo 6:30-9; No child care provided Every other month	Questions? Contact Trisha or David Oksner, 805-474-9750 or email slosupport@autismspectrumcenter.com	Providing opportunities to network and socialize with other parents, grandparents, & guardians, whose children's lives are challenged with autism spectrum disorders (including Asperger Syndrome/HFA/PDD-NOS).
Autism Spectrum Center - Central Coast www.autismspectrumcenter.com	889 Murray St., Suite 200 San Luis Obispo, CA 93405	(805) 763-1100	Teen/Adult/Young Adult Social Clubs for people on the Spectrum. Support Groups. Location is open by appointment only. Autism & Awareness Fair is held once per year in April (29th in 2012) in Mission Plaza to fundraise and allow parents and professionals to network.
Autism Spectrum Parent Support Group - North County	Hampton Inn Conference Room 7-9 pm; No Child Care 212 Alexa Court (Hwy. 46 West @ Theatre Drive) Paso Robles Every other month, 2012 schedule: Jan. 20th, March 16th, May 18th, July 20th, Sept. 21st, Nov. 16th	With questions, please contact Becky 805-471-1354 or email at nocosupport@autismspectrumcenter.com	Providing opportunities to network and socialize with other parents, grandparents, & guardians, whose children's lives are challenged with autism spectrum disorders (including Asperger Syndrome/HFA/PDD-NOS).
Autism Support Group - South County		For more information call (805) 541-7908.	Run by Leslie Barton, LMFT. Meetings are held the second Tuesday of each month from 12:00 to 1:30 pm at 150 S. 6th St., Suite D, Grover Beach, California. This is not a CCASC group.
California Children's Services www.dhcs.ca.gov/services/ccs	2156 Sierra Way P.O. Box 1489 San Luis Obispo, CA 93406	(805) 781-5527	Medical case management/treatment to children (>21) with eligible medical conditions such as cystic fibrosis, hemophilia, cerebral palsy, heart disease, cancer, traumatic injuries, and other eligible chronic illnesses.
Camp Expedition		Through Central Coast Autism Spectrum Center (805) 763-1100	Camp Expedition promotes the creation of social and recreational programs designed to meet the unique needs of individuals with autism, while also meeting the needs of their typically developing peers, and integrating these in a fun, summer day camp environment.

Would you like to see a Support Group get started in your area? Central Coast Autism Spectrum Center (CCASC) is happy to help! Send an email to **contact@autismspectrumcenter.com** with Support Group in the subject line.

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Central Coast Assistive Technology Center www.ccatc.org	3450 Broad St., Suite 111 P.O. Box 4310 San Luis Obispo, CA 93403	(805) 549-7420	Designated California Assistive Technology Exchange Center. Assistive Technology device is loaned, if determined to be appropriate, search for funding can commence.
In Home Supportive Services (IHSS)	San Luis Obispo Department of Social Services 3433 South Higuera St. San Luis Obispo, CA 93401	(805) 781-1790	The In-Home Supportive Services Program provides services for disabled and elderly people such as: meal preparation, laundry, shopping ,personal care You may be eligible for IHSS if you are a current recipient of Supplemental Security Income (SSI) or would otherwise be eligible for SSI except for your level of income. Disabled and elderly people on Medi-Cal may also be eligible, including disabled children on the DDS waiver for Medi-Cal (DDS Medicaid waiver through TriCounties Regional Center). IHSS is provided through Individual Providers who are hired by you, monitored by the Department, and paid by the State.
Jack's Helping Hand www.jackshelpinghand.org	Jack's Helping Hand P.O Box 14718 San Luis Obispo, CA 93406	(805) 547-1914 Email: jhh@jackshelpinghand.org	Therapeutic equipment, technology, unique needs not covered by other agencies, Little Swimmers, Toy Lending Library.
Parents Helping Parents	PHP San Luis Obispo Library 3450 Broad St. Suite 111 San Luis Obispo, CA 93401	(805) 543-3277	PHP serves families of children with special needs throughout San Luis Obispo County. Two lending libraries, which cover a wide variety of special needs topics, are equipped with toys, games and a place for children to play while their parents browse. PHP has a network of experienced staff and parents available for mentoring and support. A reliable source of current information, referrals, and training, PHP regularly e-mails a Calendar of Upcoming Events to interested families.
	PHP Atascadero Library 7305 Morro Rd. Suite 104A Atascadero, CA 93422	(805) 543-3277	

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Project Surf Camp www.projectsurfcamp.com	Project Surf Camp c/o John Taylor, Executive Director 1383 Bolton Drive Morro Bay, CA 93442	805-235-1157	Project Surf Camp uses surfing, the beach, and other ocean activities as an educational modality to build self-confidence, self-esteem, and self-efficacy in individuals with special needs.
Special Education Local Area Plan (SELPA) San Luis Obispo County www.sloselpa.org	8005 Morro Rd. Atascadero, CA 93422	(805) 782-7301	Special Education Local Area Plan, provides resources / training / handbooks for parents; facilitates IEPs; provides Alternative Dispute Resolution with schools, etc.
Team of Advocates for Special Kids (TASK) http://www.taskca.org	Atascadero	(805) 461-0231	TASK advocates offer peer counseling and techniques for coping and referral. Also answer questions about rights over phone and offer classes about rights/responsibilities for Individualized Education Plans (IEP's) and Section 504 of the Rehabilitation Act and transition to preschool and adult services.
Tri-Counties Regional Center http://www.tri-counties.org	Atascadero Hotel Park 6005 Capistrano, Suite E Atascadero, CA 93422	(805) 461-7402 FAX (805) 461-9479	Funded by the Department of Developmental Services. Provides the Early Start Program for children under age 3 who need speech, occupational, or physical therapy, developmental monitoring and consultation, infant development, preschool program, and other early intervention services. Tri-Counties Regional Center can provide services to children and adult over age 3 with certain developmental disabilities, such as therapies, family supports, day programs, employment, etc.
	San Luis Obispo 3450 Broad St., Suite 111 San Luis Obispo, CA 93401	(805) 543-2833 (800) 456-4153 FAX (805) 543-8725	